

GROWTH MINDSET or FIXED MINDSET?

can be improved with focused practise

can't change as it's what I'm born with.

is how I improve. I love a challenge!

shows a lack of intelligence. The easier, the better.

is a stepping stone to success. Try again!

is a disaster. Give up!

makes me happy and motivates me.

makes me look stupid.

is a chance to improve

means I messed up.

	GROWTH MINDSET	FIXED MINDSET
Performance/Intelligence ..		
Effort...		
Failure...		
Other people's success...		
Criticism...		